



### Starters

**FIRE ROASTED PLUM TOMATO SOUP** 10.00 Sourdough croûton, basil pistou

**CELERY & PARMESAN SOUP** 10.00 Brioche croûtons, Parmesan crisp

WALL GREEN SALAD 12.00 Apple, pumpkin seed, Pecorino, sherry, maple, balsamic vinaigrette

**CAESAR SALAD** 13.00 Parmesan cheese dressing, brioche croûton, house-cured bacon

#### COAST COBB SALAD 16.00

Sockeye salmon, hearty romaine & curly kale, blueberry, tomato, avocado, pumpkin seed, free run hen egg, buttermilk & Jersey blue dressing

SuperFoodsRx<sup>-</sup>

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Indicates a SuperFoodsRx  $^{\rm M}$  dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavours.

Mealshare will provide one meal to someone in need

Recommended by the Vancouver Aquarium as an ocean friendly seafood.

gf These items can be prepared gluten-free, please ask your server.

Groups of six or more will be subject to a 17% gratuity. All prices are subject to 5% GST tax.

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# Favourites

**CHICKEN CLUB** 16.00 Chicken, bacon, lettuce, tomato, mayo

**B-SEA CLUB SANDWICH** 18.00 Seared slices of wild Pacific salmon, smoked bacon, lemon caper mayo ••••• • • •

**FARMHOUSE CHEESE PANINI & FIRE ROASTED TOMATO SOUP** 18.00 Aged Cheddar, Gouda, Havarti, Goat cheese

**YAM FALAFEL** 14.00 Wheat pita, tzatziki, tomato, cucumber

**WALL CUBAN SANDWICH** 15.00 Slow roasted pork, honey ham, caramelized fennel, Swiss cheese, Dijon mayo

**THE WALL BURGER** 15.00 Cheddar, bacon, lettuce, onion, tomato add mushrooms or a fried egg 3.00





# Mains

#### SPAGHETTINI BOLOGNESE 20.00

Fresh basil, tomato, Parmesan cheese, extra virgin olive oil

### WEST COAST SEAFOOD LINGUINE 27.00

Prawns, island clams, scallops, in a light white wine nectar broth

#### APRON'S ARTISAN PIZZAS 17.00

Your choice of: Margherita, Pepperoni, Pancetta & Caramelized Onion, or Spinach & Goat cheese

#### **GRILLED CHICKEN SALAD** 16.00

Candied pecans, blueberries, fennel, avocado, honey buttermilk dressing

### BUTTER CHICKEN 23.00

Chicken in a creamy masala based sauce, house-made naan bread, cilantro raita, caramelized onion & cumin basmati rice

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